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LinkAge

(R.O.) "Rohini", 9, Red Cross Road, Egmore, Chennai - 600 008.

**A Monthly Journal for Service and Advocacy
to all Age Groups, by Senior Citizens Bureau**



Bestow
unconditional love

VOLUME : 14

AUGUST 2018

ISSUE : 2

Notice for 16th AGM 219th Programme

Notice is hereby served that 16th AGM of SCB for 2017 – 18, will be held at 10.30 am, on September 14, (Friday), at Hotel Sukha Nivas, No: 5 & 6 Luz Church Road, Mylapore, Chennai - 600 004, opposite to Luz corner Navasakthi Vinayagar Temple.

Members currently on the roll as on 31.03.18 are eligible to transact the business as per following agenda:

1. Adoption of the minutes of 15th AGM for FY 2016-17
2. Adoption of Annual Report for FY 2017-18
3. Adoption of Accounts for FY 2017-18
4. Appointment of Auditors and approval of Audit fees.
5. Election to the vacant posts of office bearers and EC members, till 3 year term ending 2018-19.
6. Any other business subject to prior notice and approval of the Chair on or before 10.09.2018.

Secretary General
01.08.2018



Announcement of Important Annual Functions 220th Programme

Commemoration of 23rd Annual Day of Senior Citizens Bureau (Sweet 23), and 14th Anniversary of our monthly journal "LinkAge", will be held at 11.30 AM, on September 14, (Friday), immediately after the 16th AGM, at Hotel Sukha Nivas, No: 5 & 6 Luz Church Road, Mylapore, Chennai - 600 004, opposite to Luz corner Navasakthi Vinayagar Temple, followed by lunch. Please keep the day free and attend without fail. Please watch for the details in LinkAge/September 2018 issue.



Invitation – Madras Day 218th Programme

U3AC



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UNIVERSITY OF THIRD AGE (U3A)

Nungambakam, Chennai – 600 034

&

SENIOR CITIZEN BUREAU (SCB)

Egmore, Chennai – 600 008

Cordially invite you

FOR THE COMMEMORATIVE MEETING MADRAS DAY

Date & Time: August 17 (Friday), 2018, 4 pm
Venue: Andhra Chamber of Commerce AC Hall
23, 3rd Cross St, West CIT Nagar
Opposite to Saidapet Metro Station
Nandanam, Chennai – 600 035
Phone: 044 2431 5277/78

There will be a presentation with a video show on
"MADRAS SOLDIER - THE LEGACY"

By the war veteran and Founder,
Colours of Glory Foundation,
Capt. D P RAMACHANDRAN

All are welcome

RSVP – 98400 21231

**13th World Elder Abuse Awareness Day (WEAAD - 2018)
and 4th World Yoga Day - A Report - 216th Programme
(Rakshana, S – 2nd Year B.A. Economics)**



WEAAD 2018 - Releasing LA Special



WEAAD 2018 - A section of audience.

The event was held on 29th June 2018, Friday, from 9:30 am to 12.30 pm at Ethiraj College's Library Conference Hall. It was diligently organized jointly by NSS - Ethiraj College for Women (NSS ECW) and Senior Citizen Bureau (SCB), Chennai. NSS student volunteers escorted the Senior Citizens and the Guests to reach the venue without any difficulty. There was tea and registration, from 9.30 am to 10 am. Free Health monitoring tests such as random sugar, BP, height and weight, bone mass density (BMD) and free consultation with Dr. Ramesh Sadasivam of Jayam Home Health Care (An unit of Jayam Polyclinic and Nursing home), Thiruvanniyur, Chennai - 41, were arranged by SCB from 10.00 am to 12.30 pm.

With the arrival of the honoured dignitaries, the event commenced with the invocation, "Tamil Thaa Vaazhthu". After the invocation, the Senior NSS Program Officer, Dr.Tmt. Navaneetha Lakshmi, welcomed the gathering with her inspiring words and zeal of spirit. NSS student volunteer, Ms.Rakshana, 2nd year B.A. Economics (Aided) was the master of ceremony. Then, Pledge against Elder Abuse, was administered by SCB EC member Thiru P.M. Pandian. The entire participants echoed the pledge with enthusiasm. It was a unique scene, where in every individual gathered, stood up and pledged to protect the elders from cruelty.

The Chief guest Dr.Shakeel Akther IPS, ADGP Armed Police TN and the guest of honour Dr.Tmt, S.Bhuvaneshwari, Principal I/C, Ethiraj College for Women, were greeted and presented with blossoming bouquet of flowers and fruit basket. The Chief Guest then honoured Tmt. Kausalya Sarathy, former EC member of SCB for getting Life time Achievement Award from Nursing Council on 12th International Nurses Day. Also she is a recipient of six awards including the best Nurse award from the Tamilnadu Nurses and Midwives Council. Chief guest honoured the Vice Principal Dr.D.B. Usha Rani and Dr. Ramesh Sadasivam of Jayam Home Health Care (An unit of Jayam Polyclinic and Nursing home), Thiruvanniyur.

After which, there was a Presidential Address by Thiru C. Nagendra Prasad, Chairman – Senior Citizen Bureau. Dr. Captain M. Singaraja, Chairman Emeritus – Senior Citizen Bureau, enlightened the audience about the theme for the 13th World Elder Abuse Awareness Day and 4th World Yoga Day, with two short stories. Then, came the most

important event, releasing the magazine "LinkAge Special" by the honourable chief guest Thiru Shakeel Akther, IPS, Additional Director General of Police, Armed Police, Tamil Nadu, which was followed by his speech. His words let us have an insight towards becoming responsible and honest citizens of our nation. He highlighted the various provisions for the Safety, Security and Dignity of the Senior Citizens in TN Parents and Senior Citizens Maintenance Act 2009. Dr. K.T. Srinivasa Raja, MD, Adyar Anandha Bhavan, expressed his best wishes in – absentia from Thaiwan, attending a conference on invitation from the Government.

The Guest of Honour, Dr. S.Bhuvaneshwari, the Principal I/C, Ethiraj College for Women, encouraged the students with her warm and motivating words citing an interesting story. The Chief guest then honoured the NSS Program Officers Dr.Tmt. Navaneetha Lakshmi and Dr. A. Kavitha. Then, came the time for the NSS Volunteers to show case their talents. The performances commenced with a group dance by Ms. Grace Agnis, Ms. Navya Maadhuri, Ms. Sniktha, Ms. Deepika and Ms. Jasmine Banu, from the Department of Commerce (Self supporting), followed by a skit by Ms. Hemalatha, Ms. Malini, Ms. Geetha, Ms. Saranya, Ms. Bhavatharini, Ms. Karthiga and Ms. Nusrath describing the truth of the present and giving us an insight about our true culture and value. Two of our other volunteers Ms. Priyadarshini and Ms. Jeyasundari spoke their point of views to the audience, making everyone think in a different perspective. There was a short yoga demonstration by Ms. Supraja, 2nd Year B.A. English. Then Veteran, Probn. A. Damodharan, performed Karokee, which made everyone sit back, relax and go back to their youth. Then the Chairman felicitated every volunteer with a small memento as a token of blessing which was followed by Vote of Thanks by Dr.P. Sethu Seshan, the Joint Secretary SCB. The program concluded with our Nation Anthem. The gift of sweet and savoury from Adyar Anandha Bhavan was distributed to one and all.

The great success of this event would not be possible without mentioning the commendable effort and meticulous planning of the Chairman Emeritus / SCB and of the NSS Program officers. The fellow student volunteers deserve all praise and appreciation.

Coverage of the event appeared in the News papers next day.



SCB tour to Velur on 19th July 2018 – 217th Programme



At Artha Mandapam of Jalakandeswarar Temple.

A group of 12, consisting of SCB members and their families thoroughly enjoyed a one day tour from 6.00 am to 8.00 pm on 19th July, 2018. They had a very good dharsan at Jalakandeswarar Temple of Velur Fort, Sripuram Golden Temple and Ratnagiri Balamurugan Temple. They had a delicious breakfast at Hotel Saravana Bhavan, Kanchipuram, good lunch at Sripuram, and evening snacks and coffee at Ratnagiri Adyar Anandha Bhavan. It was ably organized by the Chairman Emeritus and Coordinated by Thiruvalargal P. Sethu Seshan and P.M. Pandian. The participants were Capt. Dr.M. Singaraja, Karthik, Elder Care Specialist, Mrs & Mr. P. Sethu Seshan, P.M. Pandian, R.Ramakrishnan (SBI), Dr. P.S. Rajam with her four family members, and Brig. Mrs. Muthulakshmi. All were greatly satisfied with the service provided by Parveen travels. ❖

U3A Chennai Coffee with Prof. A. Parsuramen and Prof. Dr. Vedagiri Shanmugasundaram

The management committee of U3A Chennai had a very purposeful meeting at 4.30pm on 24-07-18, at Hotel Clarion President conference hall as “Coffee with Prof. A. Parsuramen and Prof. Dr. Vedagiri Shanmugasundaram”. It was a pleasant evening with a gathering of twelve persons. The President of U3A Chennai, Capt. Dr. M. Singaraja honored the guests and welcomed the gathering. He briefed the activities of U3A Chennai from its inception and proposed the steps to march forward. The veteran Economist and the first VC of Manonmaniam Sundaranar University, Prof. Dr.V. Shanmuga Sundaram (92+), advisor to U3A Chennai in his speech gave the valuable suggestions to strengthen the organization. The Chief Guest Prof.A. Parsuramen, former Minister of Education, Mauritius and Founder President of 4 prestigious organizations viz, U3A Mauritius, Global Rainbow Foundation, Senior Citizen Solidarity Foundation and International Thirukural Foundation, interacted with the gathering. He expressed his happiness to be with U3A Chennai and SCB Chennai. He appreciated the activities of U3A Chennai and invited to affiliate with AIUTA (Association of International Universities of Third Age), whose president is Prof. A. Vellas, France, who has inaugurated U3A Chennai. He extended an invitation to participate in the GB of AIUTA to be held in November 2018 in Mauritius. He agreed to give the details of a package for visiting Mauritius. Also he informed about his discussions with Tamilnadu Government Minister for Tamil Developmet Thiru. Pandiyarajan, for holding



U3A Chennai President (Right) honouring Prof. A. Parsuramen (Left) and Prof. Dr. Vedagiri Shanmugasundaram (Middle) on 24-07-18

World Thirukural Conference at Chennai in near future. He gifted a book Entitled “Thirukkural The Judgement and the Solution”, which enlightens that every school must teach Thirukkural compulsorily. It was inspiring to hear his philanthropic social service projects, like rehabilitating the disabled persons. Thiru.R.T. Namasivayam gifted Probus 2017 annual book to the Chief Guest. Thiru.P. Sethu Seshan, Secretary of U3A Chennai, proposed a hearty vote of thanks. ❖

EC Meeting of SCB for the month of July 2018

Immediately after the get together of U3A Chennai, the above meeting was held from 6.00pm to 7.00pm at the same venue. The Chairman Mr.C.N. Prasad, presided over and conducted the business. After adoption of minutes of the EC meeting held on 15-06-18 and adoption of financial statement,

the Chairman Emeritus gave the details of forthcoming events for August, September and October 2018. He informed that Velur tour on 19-07-18 was enjoyable. The meeting was adjourned after a hearty vote of thanks by the Secretary General, Thiru. S. Jayakumar. ❖

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Birthdays : August

Wishing you a Cheerful, Peaceful and Prosperous life

| S.No. | NAME (Thiru/Tmt.) | MEMB NO. | DOB |
|-------|-----------------------------|----------|------------|
| 1 | Er. Raghunathan .C | LM:878 | 01-08-1932 |
| 2 | Mr. Nagaranjan | LM:518 | 02-08-1943 |
| 3 | Er. Justin Paul | LM:684 | 03-08-1942 |
| 4 | Mr. Sethuraman .N | LM:298 | 05-08-1936 |
| 5 | Mr. Natarajan .VS | LM:686 | 07-08-1933 |
| 6 | Er. Olney Aaron | LM:583 | 07-08-1937 |
| 7 | Mr. Seshadri .G | LM:613 | 10-08-1932 |
| 8 | Mr. Balasubramanian .N | LM:458 | 11-08-1936 |
| 9 | Mr. Amarnath .MI | LM:515 | 14-08-1934 |
| 10 | Mr. Harinder Sagar Naidu | LM:22 | 14-08-1948 |
| 11 | Er. Visweswaran Raju .CS | LM:485 | 14-08-1936 |
| 12 | Mr. Habibunissa Begum | LM:826 | 15-08-1927 |
| 13 | Mr. Hariharan .T.V | LM:23 | 15-08-1936 |
| 14 | Er. Kolandan .S.N | LM:680 | 15-08-1937 |
| 15 | Mr. Kousalya Sarathy | LM:19 | 15-08-1943 |
| 16 | Mr. Mani .K.S | LM:540 | 15-08-1933 |
| 17 | Mr. Antony Samy .S | LM:740 | 16-08-1948 |
| 18 | Mr. Umakanthan .C | LM:596 | 17-08-1949 |
| 19 | Mrs. Chandra Veer Raghavan | LM:617 | 18-08-1944 |
| 20 | Mr. Raja Raman .V | LM:901 | 18-08-1936 |
| 21 | Dr. Vasanthavalli .R | LM:574 | 19-08-1942 |
| 22 | Mr. Krishnamoorthy .H | LM:332 | 23-08-1931 |
| 23 | Mr. Loganathan .A.R | LM:239 | 23-08-1935 |
| 24 | Mr. Rajendran Raja .K.V | LM:859 | 23-08-1952 |
| 25 | Mr. Rajeshwari .A | LM:608 | 24-08-1944 |
| 26 | Mr. Ratnasamy .J | LM:807 | 26-08-1934 |
| 27 | Dr. Premkumar Satya .A.J | LM:649 | 26-08-1948 |
| 28 | Dr. Prof. Gomathi Narayanan | LM:137 | 27-08-1934 |

Your liberal contribution to Sun Shine Fund is solicited.

Acknowledgment

Thanks a lot & God Bless You

Er. D. Ponnuduraiswamy Rs.1000

Our Members in the News

We extend our warm greetings and best wishes to the following veterans, on the occasion of their 80th birthday Celebration, Sathabhishakam:

- 1) **Thiru S. Prabakar, Kilpauk**, on 07.07.18, at Chennai.
- 2) **Dr.V.S. Sharma (Vattayam), Annanagar East**, on 03.08.18 at Chennai.
- 3) **Thiru Jayaraman, Vadapalani** on 19.08.18 at Bengaluru

Our Engineer D. Ponnuduraiswamy, LM: 749 has entered his 86th Birthday on 14.05.2018. We wish him all the best and many more happy returns of the day.

News from Networking Associates

1) **Vishranthi Charitable Trust** celebrated their 40th Anniversary on 14.07.18. We convey our best wishes to the Chair Person Ms. Savithri Vaithi and to all Trustees. Ms. M. Bargavi Devendra, Justice Mrs. Prabha Sridevan, Thiru T.S. Krishnamurthy and Dr. Nirmala Prasad were the dignitaries on the dais.

2) **Dept of Social Work, Stella Maris College** in collaboration with Help Age India organised one day National Conference on Community Based Care for Older Persons on 11th July 2018. Our Veteran Padmasree Dr.V.S.natarajan, Tmt Amuthavalli I.A.S., Commssioner Social Welfare, TN, Help Age India Director Thiru Sivakumar and the Principal of SMC were the Dignitaries on dais. There was an interesting panel discussion, in the afternoon.

3) **Thiru J.R. Gupta President, Senior Citizens Council Delhi** informs that Thiru T.C. Gelhot Union Minister, SJE reassured to hold walkathon at India gate Delhi on 01.10.2018, on the occasion of WED – 2018, to a 5 member delegation of Senior Citizens Council of Delhi led by him.

4) **Also he informs that Delhi High Court** has ordered in its Judgement dated 21.05.2018 in the WP (C) 11260/2017 to all presiding officers of Maintenance Tribunal and Appellate Tribunal would proceed to hear the matters sitting singly, in accordance with section 7 and 12 of the Maintenance and Welfare of Parents and Senior Citizens Act 2007 respectively. The Maintenance Tribunal and Appellate Tribunal shall post all the pending cases at the earliest date possible.

5) **Dignity Foundation** inaugurat 'Tehneer Arangam', a platform for senior citizens to interact socially, on July 6 at Oppilal School of Music, Abhirampuram. Singing competitions was held for seniors.

6) **Installation of new Office Bearers and EC members of Probus Club of Chennai**, for 2018 – 2019 was held on 23.06.2018 at Russian Cultural Center, Chennai. Congrats and all the best.

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Chennai - 600 008.

To.